

# 2006 Cudahy Community Health Survey

**Commissioned by:**  
Aurora Health Care

**In Partnership with:**  
Cudahy Health Department

# Primary Objectives:

- ❖ Gather specific data on behavioral & lifestyle habits of adults
- ❖ Gather data on the prevalence of risk factors & disease conditions in adults.
- ❖ Compare health data of residents to previous health studies.
- ❖ Compare health data of residents to state & national measurements.

# Methodology

- ❖ 400 random telephone surveys of Cudahy adults.
- ❖ Survey was completed between March 14 & June 21, 2006.
- ❖ Weighted by sex & age based on the 2000 Census.
- ❖ Margin of error:  $\pm 5\%$ .

# Demographics



# Respondent Demographics

	2003	2006
Gender:		
Male	45%	48%
Female	55%	52%
Household Income		
\$30,000 or less	25%	27%
\$30,001 - \$60,000	48%	36%
\$60,000 +	21%	22%
Not Sure/No Answer	5%	15%

# Demographics Con't

Age:	2003	2006
18 – 34 yrs.	25%	29%
35 – 44 yrs.	24%	22%
45 – 54 yrs.	18%	17%
55 – 64 yrs.	13%	12%
65 + yrs.	20%	20%

# Demographics Con't

	2003	2006
Education Level:		
High School or Less	43%	42%
Some Post High School	27%	31%
College Graduate	30%	26%
Marital Status:		
Married	52%	62%

# Health Care Coverage





# Personal Health Care Coverage

( 2010 Target: 0% Not Covered )

## Uninsured Cudahy Adults:

1995	1999	2003	2006
6%	4.7%	6%	9%

11% of respondents in Wisconsin did not have health care coverage in 2005.

15% of national respondents did not have health care coverage in 2005.

# Primary Care Services

Kind of Health Services:	2003	2006
Medical Doctor	75%	79%
Walk-in or Urgent Center	10%	2%
Hospital Emergency Room	7%	6%
Public Health/Community Clinic	4%	4%
No Usual Place		5%

# Perceptions of General Health

	2003	2006
Poor	5%	5%
Fair	8%	12%
Good	32%	25%
Very Good	34%	37%
Excellent	22%	21%

# Prescription Medications

- In 2003, 8% of Cudahy residents did not take their medications due to prescription costs.
- In 2006, 11% of Cudahy residents did not take their medications due to prescription costs.



# Advance Care Plan, Living Will or Health Care Power of Attorney

	2003	2006
Yes	27%	33%
No	70%	65%
Not Sure	3%	2%

# Routine Checkups

	2003	2006
Less Than A Year Ago	64%	61%
1 - 2 Years Ago	19%	23%
3 - 4 Years Ago	8%	7%
5+ Years Ago	8%	9%
Never	1%	0%

# Cholesterol Test

	2003	2006
Less Than A Year Ago	50%	53%
1 – 2 Years Ago	23%	14%
3 – 4 Years Ago	4%	9%
5+ Years Ago	3%	6%
Never	18%	16%

# Dental Exam

	2003	2006
Less Than A Year Ago	63%	65%
1 – 2 Years Ago	17%	17%
3 – 4 Years Ago	8%	5%
5+ Years Ago	10%	11%
Never	3%	2%



# Eye Exam

	2003	2006
Less Than A Year Ago	48%	47%
1 - 2 Years Ago	35%	29%
3 – 4 Years Ago	7%	7%
5+ Years Ago	8%	10%
Never	2%	6%

# Influenza Vaccination in the Past Year

	2003	2006
Cudahy	34%	37%
Wisconsin	33%	32%
Nation	32%	27%

# Ever Had A Pneumonia Vaccination

	2003	2006
Cudahy	61%	74%
Wisconsin	66%	66%
Nation	61%	66%

# Diagnosed With A Disease In The Past Three Years

	2003	2006
High Blood Pressure	24%	27%
High Blood Cholesterol	20%	26%
Asthma	11%	11%
Heart Disease/Condition	10%	9%
Diabetes	6%	8%
Mental Health Problems	4%	6%
Cancer	3%	3%
Stroke	1%	2%

# Exercise & Nutrition



# Overweight/Obese

	2003 Cudahy	2006 Cudahy	2006 Wisconsin
Overweight	39%	41%	37%
Obese	26%	30%	24%

Body Mass Index (BMI) which was developed by the CDC is calculated by using kilograms/meter<sup>2</sup>. A BMI of 25.0 or greater is considered overweight. A BMI of 30.0 is considered obese.

# Physical Activity/Week

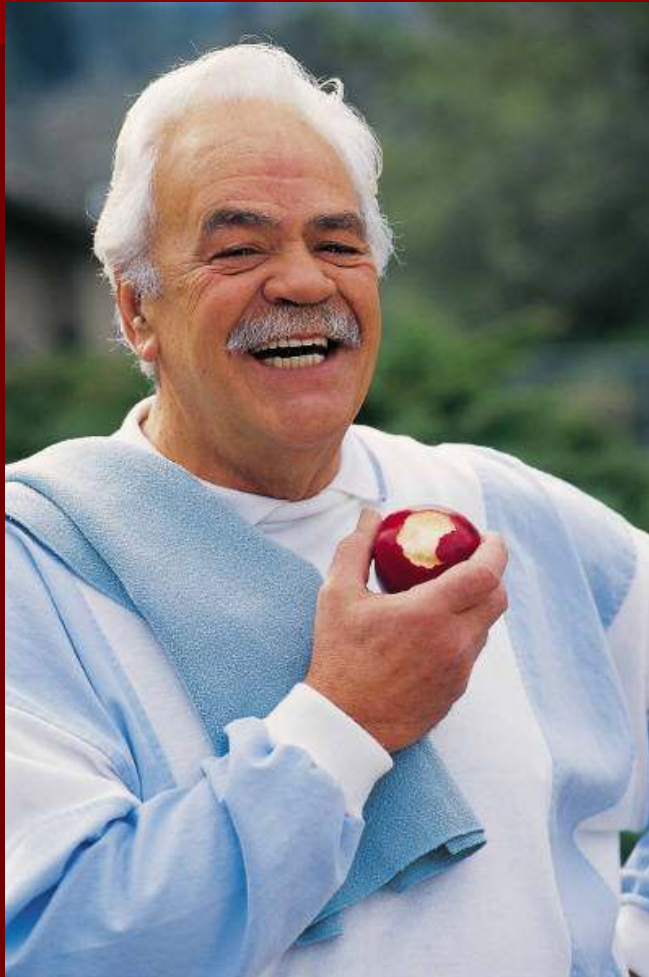
	2003	2006
Inactive	27%	15%
Insufficient	47%	32%
Recommended Activity ( 30 minutes of physical activity at least 5X/week)	26%	53%

# Fruits & Vegetable Intake

	1999	2003	2006
<b>Fruit</b>	63.3%	67%	61%
<i>Healthy People 2010 Goal: At least 75% of adults eat at least 2 daily servings of fruit</i>			
<b>Vegetables</b>	23.6%	33%	22%
<i>Healthy People 2010 Goal: At least 50% of adults eat at least 3 daily servings of vegetables.</i>			



# Access to Adequate Food



- In 2003, 3% of Cudahy residents reported that there was a time in the past 30 days when their households did not have access to adequate & appropriate food.
- In 2006, 6% of Cudahy residents reported the same information.

# Women's Health Issues

- In 2006, 73% of Cudahy women had a mammogram within the past 2 years compared to 80% in 2003.
- In 2006, 81% of Cudahy women had a Pap smear within the past three years compared to 90% in 2003.
- In 2006, 71% of females, ages 65+ years had a bone density test.

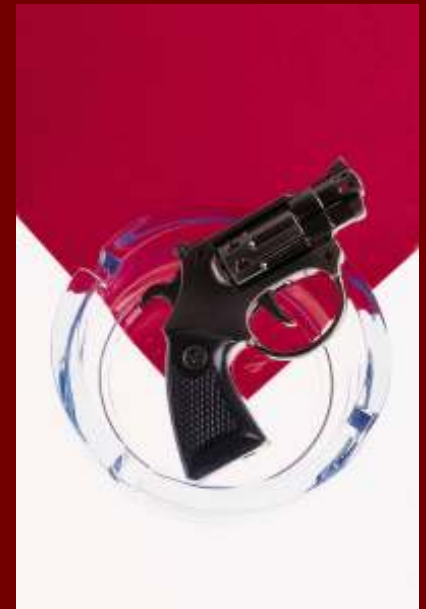
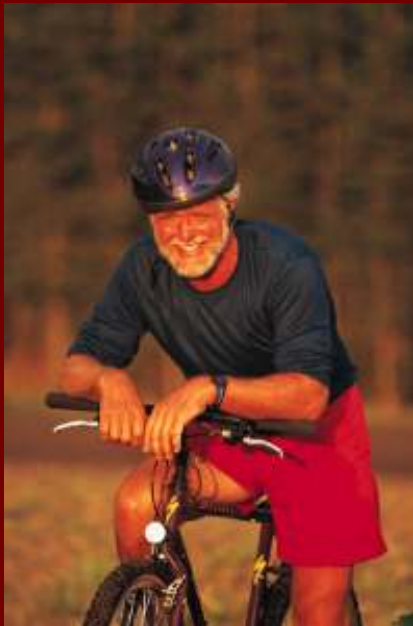


# Men's Health



- In 2006, 45% of males, aged 40+ years had a prostate-specific antigen (PSA) test in the past 2 years.
- In 2006, 25% of males, aged 40+ years had a digital rectal exam within the past year as compared to 30% in 2003.

# Safety



# Car Seat Belt Use

	1995	1999	2003	2006
Never	11.1%	6.8%	8%	3%
Seldom			2%	1%
Sometimes	15.2%	15.5%	7%	7%
Nearly Always			10%	10%
Always	72.7%	77.7%	74%	79%

# Child Passenger Safety Seat Use

	1995	1999	2003	2006
Never	9.1%	4.2%	4%	<1%
Seldom				3%
Sometimes	6.1%	4.2%	5%	0%
Nearly Always			2%	5%
Always	84.8%	91.7%	91%	92%

# Bicycle Helmet Use

	2003	2006
Never	71%	63%
Seldom	4%	5%
Sometimes	5%	2%
Nearly Always	4%	6%
Always	16%	25%



# Detectors in Household



- In 2006, 97% of households had a working smoke detector, while 47% had a working carbon monoxide detector.
- 47% of households had both detectors.
- Only 3% of households had neither.



# Firearm Use

	2003	2006
% of households with firearms	28%	23%
% of loaded firearms/household	2%	2%
% of unlocked, loaded firearms/household	<1%	<1%

# Personal Safety

	2003	2006
% of People Afraid for Their Personal Safety	5%	5%
% of People Who Have Been Pushed, Kicked, Slapped, Hit or Otherwise Been Hurt	4%	3%

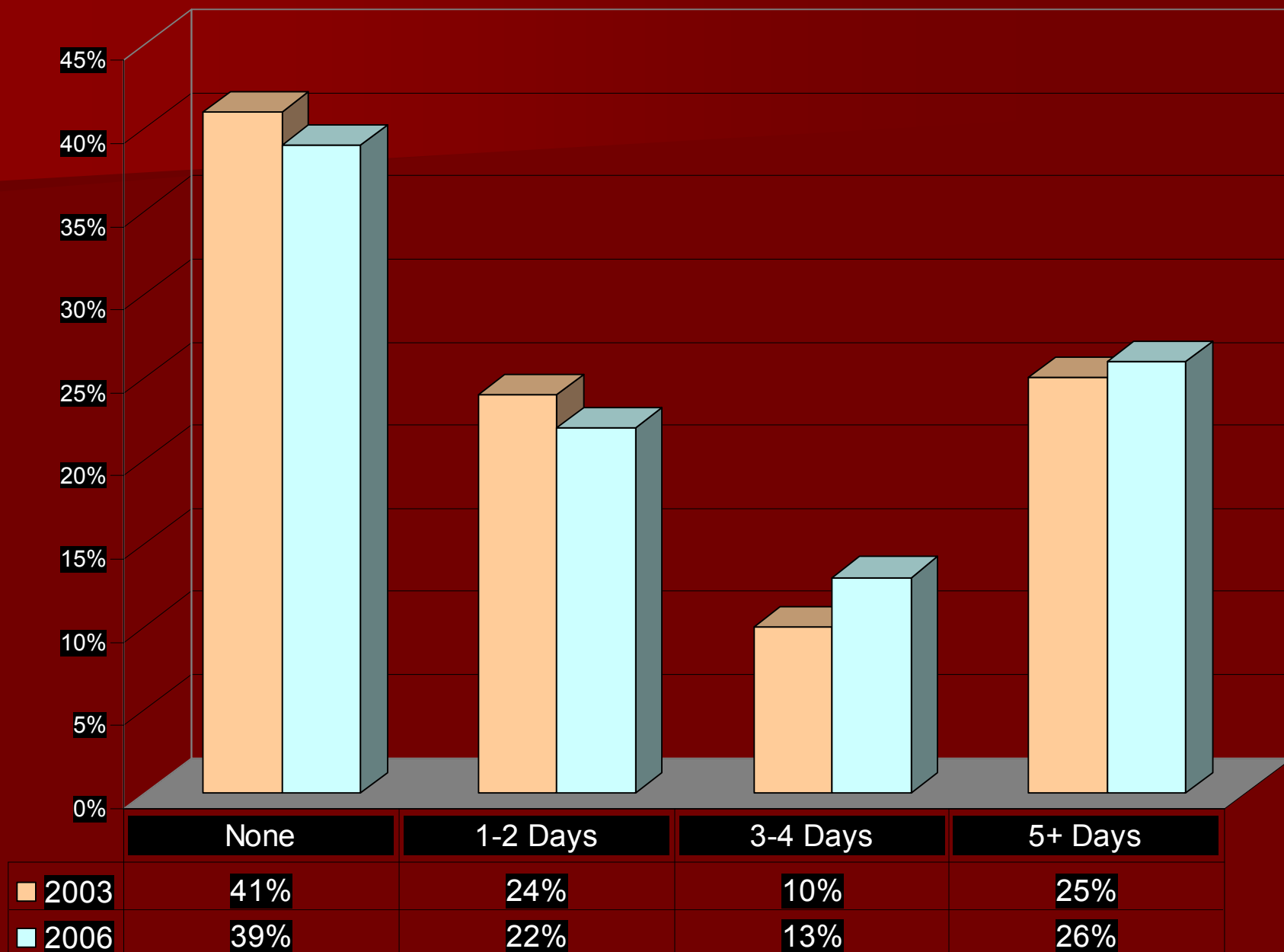
# Personal Safety Con't

- In both 2003 & 2006, the individual who threatened or harmed the respondents were primarily strangers.
- Historically, only about 5 – 10% of personal abuse is reported.

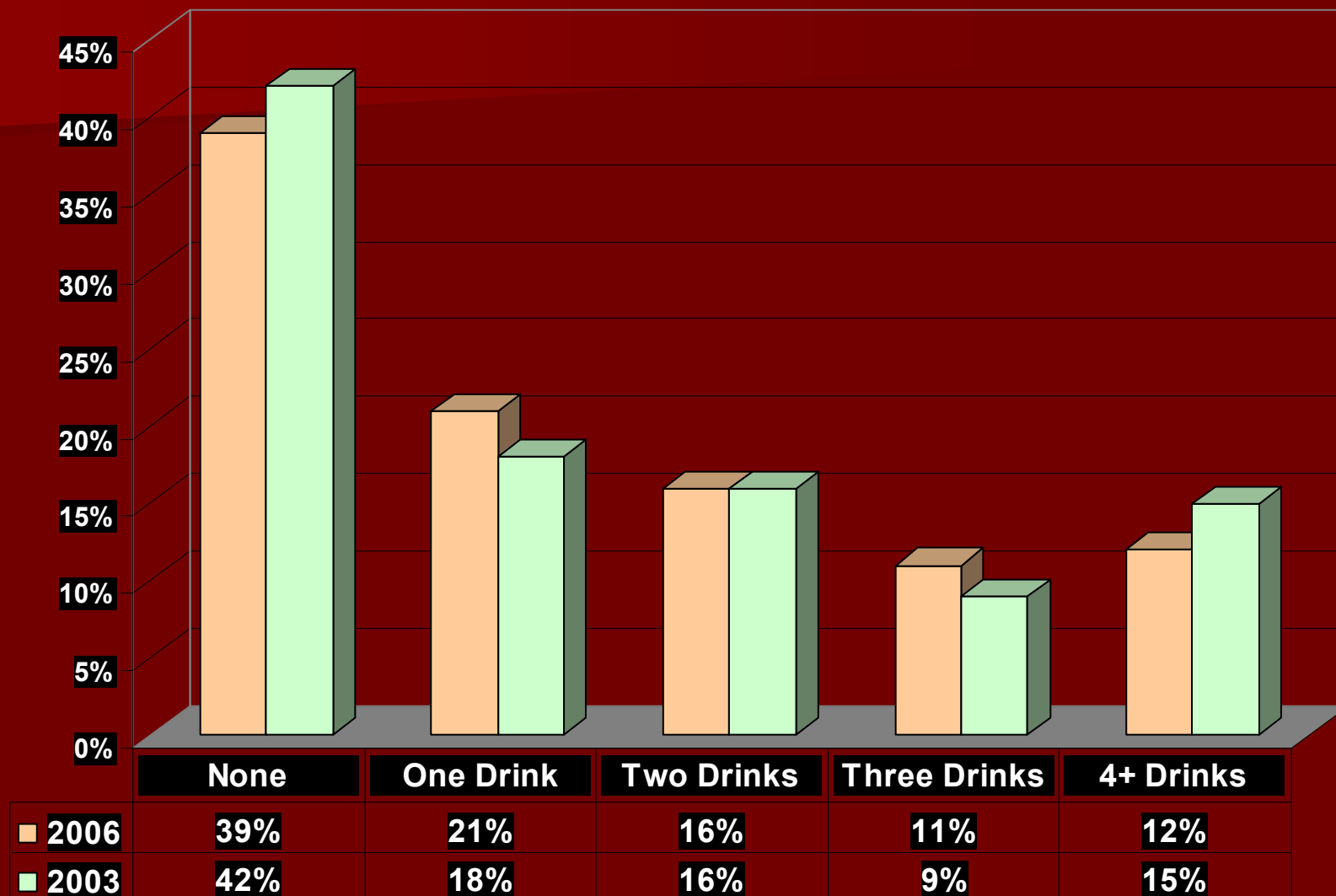
# Alcohol Use



## Days That Alcohol Was Consumed



## Number of Drinks/Day



# Tobacco Use



# Smoking

	2003	2006
Do You Smoke:		
Every Day	22%	24%
Some Days	3%	3%
Not At All	75%	73%
Have You Quit Smoking for One Day or Longer:		
Yes	57%	52%



# Smoking In Homes or Cars

- In 2003, 20% of respondents said that they do not smoke in homes or cars when others are present.
- In 2006, 21% said that they do not smoke in homes or cars when others are present.



# Smoke-Free Restaurants



# Smoke-Free Restaurants

	2003	2006
Prefer Smoke-Free Dining	59%	63%
Prefer Smoking in Restaurants	15%	11%
No Preference	26%	26%

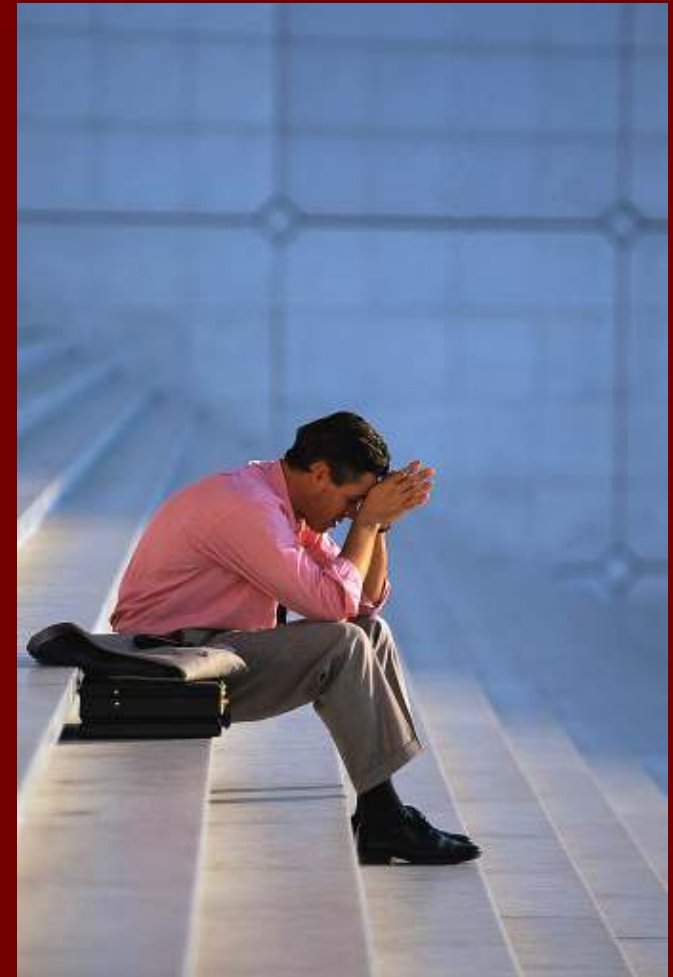
# Smoke-Free Ordinance

	2003	2006
Strongly Oppose	19%	22%
Moderately Oppose	17%	13%
Moderately Favor	21%	18%
Strongly Favor	37%	42%
Not Sure	5%	5%

# Mental Health

In 2006:

- 5% of respondents reported that they always or nearly always felt sad, blue or depressed in the past 30 days.
- 3% felt so overwhelmed that they considered suicide in the past year.



# Healthier Cudahy 2010



# Cudahy Health Priorities

2003

- Smoking
- Lack of Health Insurance
- Obesity/Lack of Exercise
- Personal Safety
- Mental Health Issues
- Alcohol Abuse

2006

- Obesity/Lack of Exercise
- Alcohol Abuse
- Personal Safety
- Tobacco Use
- Mental Health Issues



# Other Survey Opinions

- In 2006, only 4% of respondents were not aware of the Cudahy Health Department (CHD). 56% were aware of the Department but had no experience with it; 31% received limited services and 9% received extensive services.
- 29% of respondents who were aware of CHD were not aware of CHD's involvement in local, regional, state involvement in emergency preparedness.